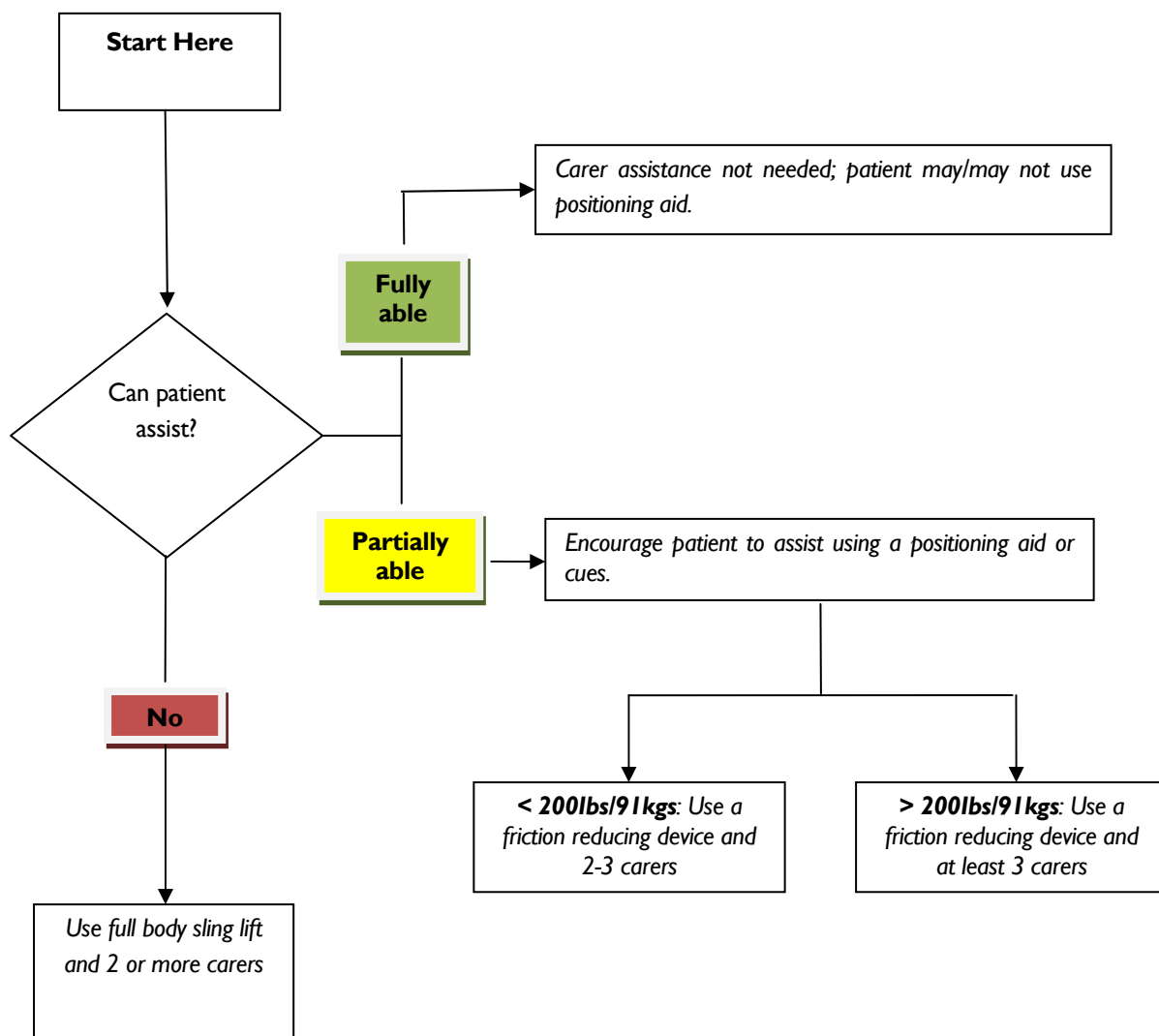


Algorithm 4: Reposition in Bed: Side-to-Side, Up in Bed

Last rev. 01/04/05



- This is not a one person task; **do not pull from the head of the bed.**
- When pulling a patient up in bed, the bed should be flat or in a Tredenburg position (when tolerated) to aid in gravity, with the side rail down.
- For patients with Stage 3 or 4 pressure ulcers, care should be taken to avoid shearing force. The height of the bed should be appropriate for staff safety (at the elbows).
- If the patient can assist when repositioning up in bed, ask the patient to flex the knees and push on the count of three.
- During any patient handling task, if any carer is required to lift more than 35lbs/16kg of a patient's weight, then the patient should be considered to be fully dependent and assistive devices should be used.

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Note that we have used the original document but changed the terminology where appropriate, for instance adding weights in Kilograms to the originally shown Pounds

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